

Volunteer with Lesbian & Gay Switchboard

We really need you now: Switchboard can make a difference in peoples' lives

We are looking for Lesbian, Gay, Bisexual or Transgender **Telephone volunteers** so that we can keep our essential service going:

Our aim is to be open seven nights a week and you can help us achieve that

★ You will **gain**:

- New friends
- **Full training & support**
- Valuable experience for your CV/career/personal development as well as have the chance to 'put something back'

★ **No experience** needed – just an ability to listen

★ Just **3 hours** of your time **per week** for roughly one year



Closing Date for all applications is: Monday 20th September 2010

You must attend our informal Intake Interviews Evening to be held on: Thursday 23rd September 2010

Compulsory & Comprehensive Training on weekend days: 2nd & 3rd, 10th & 16th October 2010 in Glasgow

The Application Pack is available to download on www.sgl.s.co.uk under the “**Contact Us**” button. Alternatively, to request a posted Application Pack or simply to talk over volunteering with us, contact us at the number below or e’mail us your: Full Name, Address, Postcode and Telephone number to : info@sgls.co.uk and a pack will be sent to you.

Lesbian & Gay Switchboard

PO Box 38

Glasgow G2 2QF

Telephone: 0141-847-0447 (7 to 10pm)