

Volunteer with Lesbian & Gay Switchboard

We really need you now: Switchboard can make a difference in peoples' lives

We are looking for Lesbian, Gay, Bisexual or Transgender **Telephone volunteers** so that we can keep our essential service going:

★ You will gain:

- New friends
- **Full training & support**
- Valuable experience for your CV/career/personal development as well as have the chance to 'put something back'
- ★ **No experience** needed – just an ability to listen
- ★ Just **3 hours** of your time **per week** for roughly one year

★ **We need a specific support volunteer**/s with current good experience in:

- **Marketing/Publicity** to help us carry on our work of over the last 33 years

Closing Date for all applications is: Monday 22nd February 2010

You must attend our informal Intake Interviews Evening to be held on: Thursday 25th February 2010

Comprehensive & Compulsory Training on weekend days: 6 & 7th, 14th & 20th March 2010 in Glasgow

The Application Pack is available to download on www.sqsls.co.uk under the “**Contact Us**” button. Alternatively, to request a posted Application Pack or simply to talk over volunteering with us, contact us at the number below or e’mail us your: Full Name, Address, Postcode and Telephone number to : info@sqsls.co.uk and a pack will be sent to you.

Lesbian & Gay Switchboard

PO Box 38

Glasgow G2 2QF

Telephone: 0141-847-0447 (7 to 10pm)